

# Steps to Hep C Care and Cure



Hep C is a big deal. **But it can be cured.**  
You don't have to go through it alone.



Get tested

1



See a  
doctor

2



Get the  
right  
treatment

3



Get  
ready  
to **start**  
treatment

4



Get your  
care  
**covered**

5



Get  
cured

6



NYC Hep C Peer Navigation  
*With you at every step*

**Ready to get cured?**  
Contact your navigator  
to get started

# Steps to Hep C Care and Cure



Everyone deserves the best care for their Hep C. We can help you get care and cure.



## Get tested

in two steps:

1. **Antibody test** (finger prick or blood test, tells if you had Hep C before)
2. **RNA test** (blood test, tells if you have Hep C now)



## See a doctor

Find care with the right doctor for you.

Understand how Hep C affects YOUR health.



## Get the right treatment

Hep C treatment now is usually taking pills with few side effects for less than three months.

Your doctor will work with you to choose the best medication for you.



## Get ready for treatment

Cut down on alcohol and drug use, get insured, and make sure you have a place to store your meds.

Eating healthy, getting enough rest, and finding support from friends is also a good way to start.



## Get your care covered

Your navigator can help get your care covered through prior authorization, appeal and fair hearing.



## Get cured

New meds can cure Hep C in more than 90% of patients.

You are cured if you have **no** Hep C virus in your blood (“undetectable viral load”) 12 weeks after treatment.

Avoid re-infection and stay free of Hep C. Protect yourself from blood exposure.



**NYC Hep C Peer Navigation**  
*With you at every step*

**Not ready yet?**

Learn more about Hep C care:  
Visit [HepFree.nyc/GetCured](https://HepFree.nyc/GetCured)  
Or text the word “LIVER” to 877877