

Mount Sinai REACH Program: Promoting Hep C and Drug User Health & Internal Capacity Building



NYC Hep C Task Force Meeting

December 5, 2018

Jeffrey Weiss, PhD, Program Director

Five Pillars of Mount Sinai's *Respectful & Equitable Access to Comprehensive Healthcare (REACH) Program*

REACH
Clinic at
IMA

IN-
REACH

OUT -
REACH

REACH
Out
Support
Groups

REseArCH



REACH Program at Mount Sinai

REACH Clinic at IMA:

- ▶ Co-located in Internal Medicine Associates
- ▶ Primary care for persons who use drugs
- ▶ Harm reduction approach
- ▶ Patient navigation
- ▶ Buprenorphine treatment
- ▶ HCV treatment
- ▶ Naloxone
- ▶ Co-located psychology/social work



REACH Program at Mount Sinai

In-REACH

Inpatient Consult Service – Buprenorphine Initiation and linkage to REACH Clinic

Out-REACH

- ▶ HCV antibody and DBS confirmatory testing
- ▶ Naloxone
- ▶ Patient and Staff Education
- ▶ Linkage to Care/Escorting
- ▶ Safe injection kits/fentanyl test strips in 2019



REACH Program at Mount Sinai

REACH-Out Support Groups

Weekly harm reduction drop-in group (Wed 4-5)

Monthly HCV group (second Tues 5:30-7)

Ear acupuncture groups to begin in 2019

Community Reinforcement and Family Training (CRAFT) groups to begin in 2019



REACH Program at Mount Sinai

Current Clinical Staff:

- ▶ 5 Medical providers (4 MDs/1 NP)
- ▶ 2 RNs
- ▶ 2 LCSWs
- ▶ 1 Psychologist
- ▶ 5 Patient Navigators
- ▶ 1 Community Healthcare Worker
- ▶ Addiction Medicine Fellow
- ▶ 1 Psychiatrist in 2019





Department
of Health

AIDS
Institute

Breaking Down the Stigma Barrier

Building capacity to provide stigma-free care to people who use drugs

Drug User Health Capacity Building Initiative

- ▶ The initiative aims to build capacity within health care facilities to provide high quality, stigma-free health care services to people who use drugs
- ▶ Targeting health care organizations
 - Complete application
 - Identify two leadership to participate
- ▶ Year long learning collaborative
- ▶ External advisory group
 - Provided input on the framework and various tools
 - PWUD, harm reduction and social service providers, clinicians, NYC Department of Health and Mental Hygiene
- ▶ Eleven (11) organizations currently participating

Goals and Objectives

- ▶ Conduct an assessment of health care facility practices for effective management of people who use drugs;
- ▶ Describe how stigma and other structural barriers may impact access to health care services for people who use drugs;
- ▶ Improve interactions between all health care facility staff and patients who use drugs;
- ▶ Assess for and sensitively address the specific health needs of people who use drugs, including pain control;
- ▶ Integrate a harm reduction approach into clinical practice;
- ▶ Develop facility-wide policies and procedures to foster a stigma-free, nondiscriminatory and safe environment for people who use drugs; and,
- ▶ Develop an action plan to address facility-specific goals related to improving drug user health.

Expectations

- ✓ Participate in two in person meetings
- ✓ Assess patient satisfaction
- ✓ Conduct staff assessment
- ✓ Complete organizational assessment tool
- ✓ Participate in monthly coaching webinars
- ✓ EVALUATION



Staff Assessment: Increase Role Adequacy by having staff trainings/education

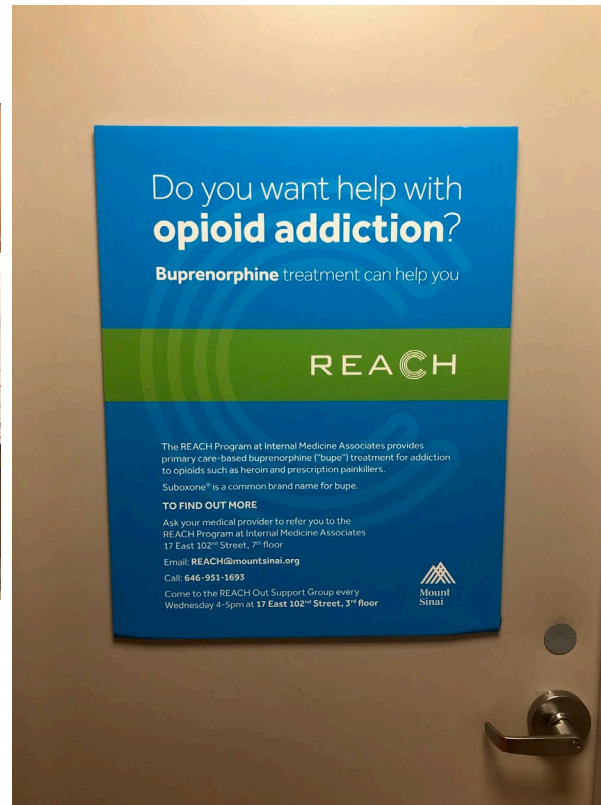
- ▶ Administering Staff Assessment was an Intervention
- ▶ Nov 2017: Hosted several clinic staff breakfast “in service” about stigma & SUD treatment – different needs by discipline/role
- ▶ Nov 2017: DGIM Grand Rounds: Caring for Patients with Opioid Use Disorder in Primary Care
- ▶ Dec 2017: DGIM Grand Rounds: Caring for Patients on Chronic Opioid Therapy in Primary Care
- ▶ Jan 2018: Harm Reduction Coalition stigma training for REACH staff
- ▶ Aug 2018: NYC DOHMH’ stigma presentation & discussion
- ▶ Oct 2018: REACH staff retreat – skill building & reflection
- ▶ Nov 2018 Harm Reduction Training by WHCP (K. See)

Patient Survey: Reducing stigma by making services more visible

- ▶ Professional designer
- ▶ Signage/flyers everywhere!



Entrance to the building

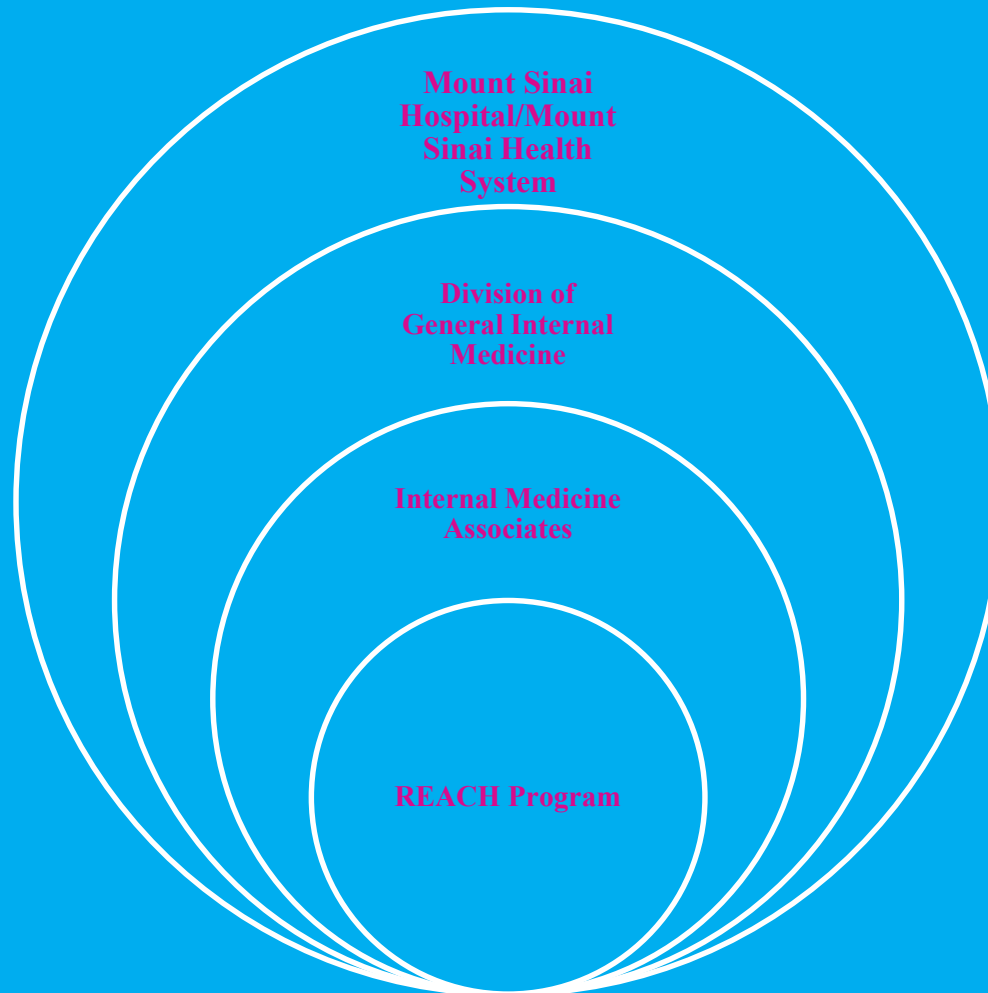


Entrance to the clinic



In clinic waiting room

Organizational Structure



Organizational Assessment Review

- ▶ Increase meaningful involvement of Consumer Advisory Board in REACH Program operations
- ▶ Creation of Community Advisory Board
- ▶ Medical Student Involvement (Naloxone)
- ▶ Medical Student & Resident Education (year long curriculum)
- ▶ Met with leadership of the following specialty groups to discuss ongoing collaboration/referrals:
 - Inpatient hospitalists
 - Onc/Palliative care
 - Pain management
 - Inpatient psychiatry consult service
 - CT surgeons
 - HIV outpatient (naloxone; more comprehensive utox screen)

Community Engagement

- ▶ August 31: Hosted International Overdose Awareness Day Event
 - Community speakers/presenters
 - Invited community harm reduction groups (Promesa, VOCAL)
 - Reflection stations/community sharing
 - ~50 attendees



TIME TO REMEMBER.
TIME TO ACT.

All are invited to this event to honor the memory of those who have been lost to drug overdose, as well as to learn more and strategize about how to prevent future drug overdose deaths.

This remembrance event is sponsored by the Respectful & Equitable Access to Comprehensive Healthcare (REACH) Program in the Division of General Internal Medicine and by the Mount Sinai Center for Spirituality and Health.

Friday, August 31, 2018
10:30 AM - 12:00 PM

Hess Center for Science and Medicine
Davis Auditorium, 2nd Floor
1470 Madison Avenue
New York, NY 10029

For more information, call (646) 951-1693.

Overdoseday.com

REACH



Stakeholder Engagement

The Role of Primary Care in Addressing the Opioid Crisis in New York State

September 17, 2018 • 8:30 AM – 4:30 PM

Davis Auditorium, Hess Building
1470 Madison Avenue, New York, NY 10029

Course Directors

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Provided by

The REACH Program in the Division of General Internal
Medicine of the Department of Medicine at the Icahn
School of Medicine at Mount Sinai.

REACH



The Role of Primary Care in Addressing the Opioid Crisis in New York State CME Conference

- Provided an overview of current and planned initiatives across city and state
- Aimed to foster new collaborations by bringing in diverse academic, governmental, and community leaders, and providers
- Consumer voice represented
- Over capacity: >200 people attended
- Plenary Videos – @REACH4Cure



In Progress

- ▶ Safe needles disposal boxes in patient bathrooms installed
- ▶ Inpatient addiction medicine consult service proposed
- ▶ Distribution of safe injection kits including fentanyl test strips approved
- ▶ Psychosocial support for those affected (friends/family/harm reduction workers)
- ▶ Addressing challenge of internalized stigma
- ▶ Balancing abstinence model and harm reduction model in Consumer Advisory Board
- ▶ Integration of psychiatrist in REACH Clinic

Contact us @ REACH

@REACH4Cure

REACHProgram.org

646-951-1693

