

Project INSPIRE NYC

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Viral Hepatitis Program

NYC Department of Health and Mental Hygiene



Credit, Disclaimer and Disclosure

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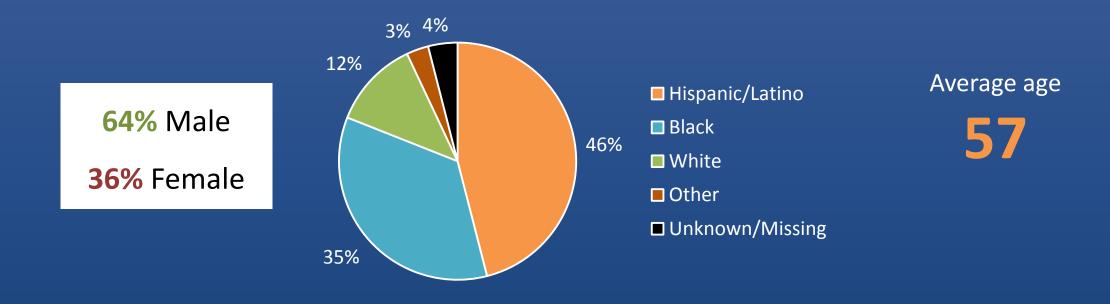
Nothing to disclose.



Project INSPIRE NYC – Overview

- Three-year, CMS-funded award from August 2014—August 2017
- Delivered evidence-based comprehensive service model for HCV positive New Yorkers, that combined:
 - Care coordination
 - Health promotion
 - Medication adherence support
 - Hepatitis C infection-centered care
- Clinical partners: Montefiore Medical Center and Mount Sinai Hospital System
 - Target: Upper Manhattan and the Bronx
 - Recruited 2,775 enrollees
 - 18 years and older
 - Medicaid or Medicare

Patient Demographics



68% Medicaid enrollees

16% Medicare enrollees

16% Dually Eligible

Patient Risk History

42%

Reported having a diagnosed MH condition

69%

Reported current or past alcohol use

59%

Reported current or past injection drug use

69%

Had at least one other comorbid health condition in addition to HCV, most commonly HIV (22%) and diabetes (19%)

Integrated Care Team

Infectious disease specialists and gastroenterologists

 Provided mentorship and case consultation

 Provided medical appointments navigation, medication adherence support, and linkage to non-clinical services HCV Primary Care Specialists Physicians

Peer Care
Navigators Coordinators

- Trained to manage and care for patients with telemedicine mentoring approaches
- Treated INSPIRE patients
- Collaborated with Care Coordinators

- Organized clinical and behavioral health care and support services
- Facilitated communication among providers
- Provided health promotion, coaching and treatment adherence support

Tele-mentoring to Expand Care

Teaching primary care physicians to treat:

The amount I've learned about treating folks with Hep C and how gratifying it is...just being able to see people who have been sick for a long time get better — it's really gratifying in a number of ways. Emotionally and intellectually, it's been a wonderful experience.

- Value of real-time feedback from HCV specialists
- Sense of being part of a larger team also contributed to increased job satisfaction and professional growth:

The team-building — the experience of being part of a larger team; I think that's very empowering and makes me more comfortable working with more challenging patients.

Treating Patients Where They Are At

Satisfaction with caring and treating their own primary care patients:

I do primary care, for better or for worse, because one of the things I enjoy is learning new things. So it's a really fun challenge, and also a very rewarding experience, to also treat my Hep C patients.

- Time saved by not having to refer to liver specialist
- Patients also benefitted because they received care from their Primary Care Physicians

Collaborating With Care Coordinators

 Most providers felt that having the care coordinators was the biggest benefit of being in Project INSPIRE:

We're getting more patients started on treatments more efficiently... The care coordinators have substantially shortened the amount of time to getting meds approved and that's helped with getting our patients satisfied with their care and really getting them started on treatment.

 Coordinators helped the providers administratively and provided valuable emotional and educational support to patients

Role of the Care Coordination Team



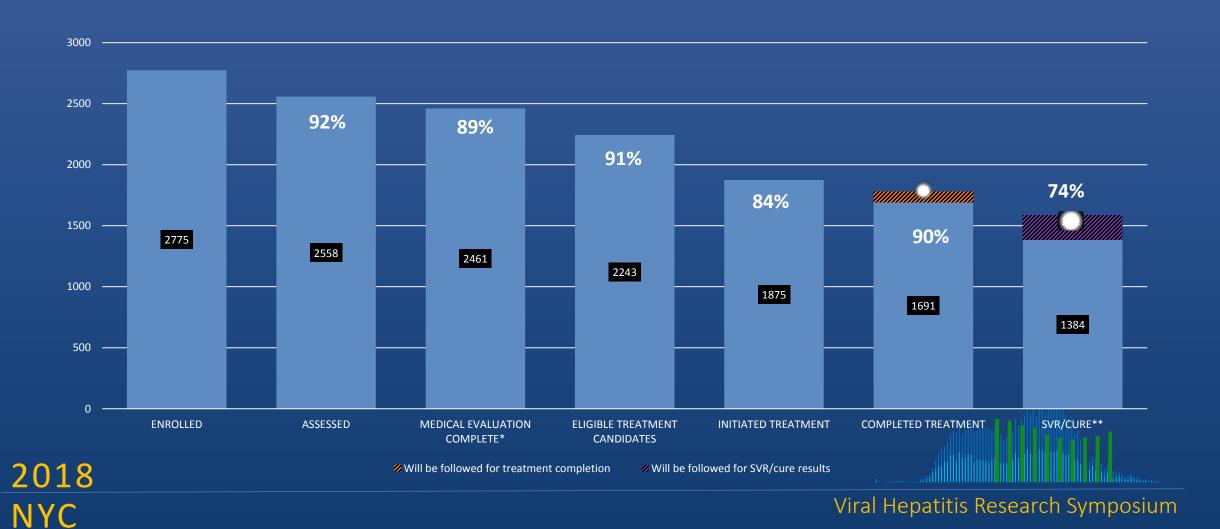
- Enroll patients
- Administer
 comprehensive
 Intake Assessment
- Make referrals for social service
- Connect with peer navigators

- Educate patients about infection
- Provide appointment reminders
- Find transportation

- Address any insurance delays
- Provide social services and referrals
- Counsel about medication adherence
- Monitor patient progress

Counsel about preventing reinfection

HCV Care Continuum



Sustainability

- Sustained services at Montefiore and Mount Sinai with 340B Funds
- MCOs (HealthFirst and VNSNY SelectHealth) may be interested in contracting for HCV care coordination services
- Researching Chronic Care Management (CCM) codes as way to pay for care coordination services
- Seeking Medicaid and Medicare policy changes



Thank you

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