

Steps to Hep C Care and Cure



Hep C is a big deal. **But it can be cured.**
You don't have to go through it alone.



Get tested

1



See a
doctor

2



Get the
right
treatment

3



Get
ready
to **start**
treatment

4



Get your
care
covered

5



Get
cured

6



NYC Hep C Peer Navigation
With you at every step

Ready to get cured?
Contact your navigator
to get started

Steps to Hep C Care and Cure



Everyone deserves the best care for their Hep C. We can help you get care and cure.



Get tested

in two steps:

1. **Antibody test** (finger prick or blood test, tells if you had Hep C before)
2. **RNA test** (blood test, tells if you have Hep C now)



See a doctor

Find care with the right doctor for you.

Understand how Hep C affects YOUR health.



Get the right treatment

Hep C treatment now is usually taking pills with few side effects for less than three months.

Your doctor will work with you to choose the best medication for you.



Get ready for treatment

Cut down on alcohol and drug use, get insured, and make sure you have a place to store your meds.

Eating healthy, getting enough rest, and finding support from friends is also a good way to start.



Get your care covered

Your navigator can help get your care covered through prior authorization, appeal and fair hearing.



Get cured

New meds can cure Hep C in more than 90% of patients.

You are cured if you have **no** Hep C virus in your blood (“undetectable viral load”) 12 weeks after treatment.

Avoid re-infection and stay free of Hep C. Protect yourself from blood exposure.



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With you at every step

Not ready yet?

Learn more about Hep C care:
Visit HepFree.nyc/GetCured
Or text the word “LIVER” to 877877