



# OVERVIEW OF PROJECT INSPIRE NYC

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# Credit and Disclaimer

- The project described was supported by Grant Number 1C1CMS331330-01-00 from the Department of Health and Human Services, Centers for Medicare & Medicaid Services.
- The contents of this publication are solely the responsibility of the authors and do not necessarily represent the official views of the U.S. Department of Health and Human Services or any of its agencies.

# Project INSPIRE NYC – Overview

- **INSPIRE**
  - Innovate and
  - Network to
  - Stop HCV and
  - Prevent complications via Integrating care
  - Responding to needs and
  - Engaging patients & providers
- **Program Period: 3 years**
  - September 1, 2014 – August 31, 2017
- **Geographic Reach:** Upper Manhattan and South Bronx

# Project INSPIRE NYC – Primary Aim

To demonstrate...

1. service delivery model to reduce illness and death from chronic illnesses and their complications
2. payment structure that will reduce costs from chronic illness and their complications

**...using chronic hepatitis C infection as a case study**

# Project INSPIRE NYC – Goals

## 1. Better care:

- Increase patients starting treatment for Hep C
- strengthen management of behavioral health problems
- reduce hospitalizations and ED visits
- maintain high level of satisfaction among enrollees

## 2. Better health:

- increase cure rates
- decrease Hep C related complications
- increase screening for depression and alcohol abuse

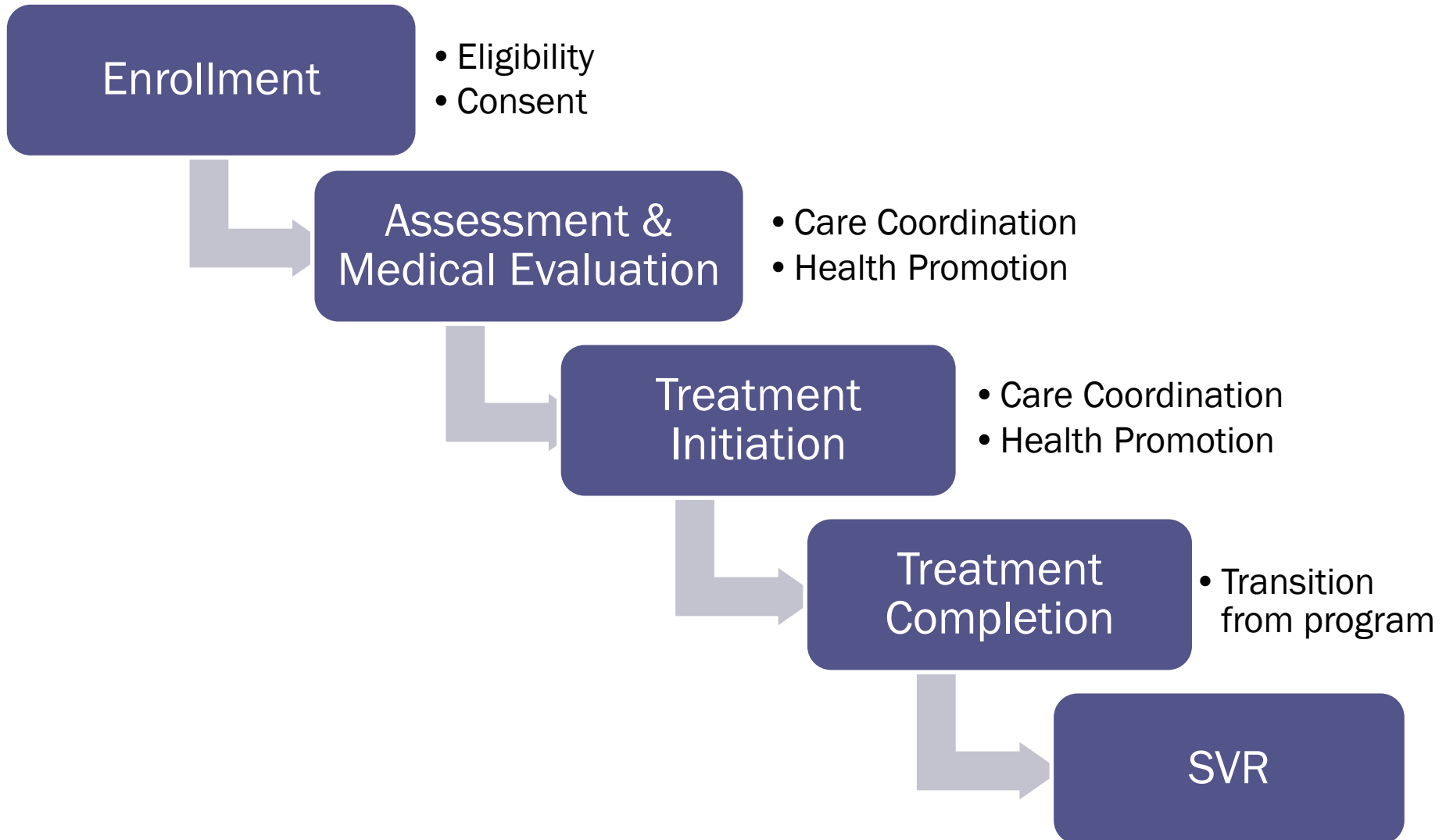
## 3. Lower costs:

- reduce expenses from complications and preventable hospitalizations

# Project INSPIRE NYC – Major Activities

- **Identify, recruit and treat patients:**
  - Identify using EMR, surveillance data, & screening
  - Enroll 3,200 patients
    - Screen 95% for depression
    - Complete treatment for 75% of enrollees
  - Achieve cure rate (SVR)
    - 90% for non-cirrhotic
    - 50% of cirrhotic patients
- **Provide comprehensive care:**
  - Integrate primary care with behavioral health
  - Use telemedicine to connect primary care with specialists
  - Provide care coordination, navigation, health promotion, and medication adherence support

# HCV Care Cascade



# HCV Care Coordination Protocol – Key Components

- I. Enrollment of Patients
- II. Comprehensive Intake Assessment
- III. Care Coordination Plan
  - Care Navigation
  - Health Promotion Sessions
  - Social Services and Other Benefits
  - Medication Adherence Support and Monitoring
- IV. Monitoring and Review of the Patient via the Care Coordination Plan
  - Chart Reviews
  - Case Conferencing
- V. Case Closure and End of Program Services

# HCV Health Promotion Manual – Key Components

- I. What is Hepatitis C?
- II. How to Promote Liver Health?
- III. Hepatitis C Treatment
- IV. Harm Reduction & Substance Use
- V. Healthy Lifestyle
- VI. Check-In
- VII. End of Treatment and Avoiding Reinfection

# Project INSPIRE – Eligibility

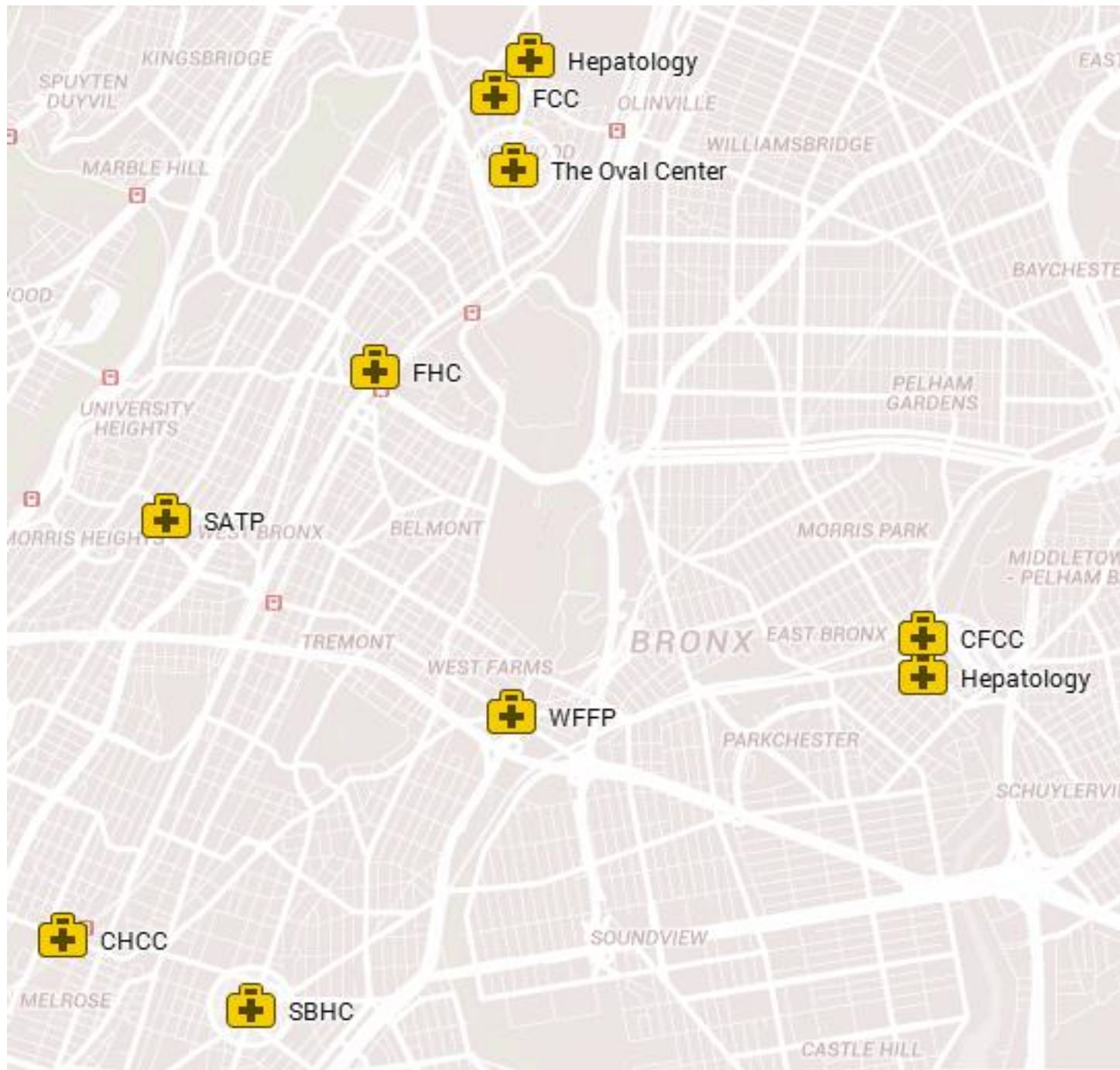
1. NYC Resident
2. At least 18 years of age
3. Enrolled in or Eligible for Medicare or NYS Medicaid
4. Detectable Hep C RNA viral load
  - Must have a **confirmatory RNA test**
5. Not enrolled in another care coordination program (e.g. Ryan White HIV Care Coordination) or another Health Care Innovation Awards program

# Project INSPIRE – Referral Process

Refer patients that are:

- Newly diagnosed and confirmed with Hep C or previously diagnosed and confirmed, but never engaged in care, failed treatment, or did not complete treatment.
- Request support for their care or demonstrate willingness to participate in care coordination and Hep C treatment.
- If you have a patient that you think would be a candidate for Project INSPIRE and is willing to seek care for Hep C in the Bronx, please email Kim Yu, Montefiore Project Director, at [kyu@montefiore.org](mailto:kyu@montefiore.org)

Project  
INSPIRE  
Montefiore  
Clinics



# List of INSPIRE – Montefiore Clinics

Clinic	Address	Phone Number
Comprehensive Family Care Center (CFCC)	1621 Eastchester Road, Bronx, NY 10461	718-405-8040
Family Care Center (FCC)	3444 Kossuth Avenue, Bronx, NY 10467	718-920-2273
Family Health Center (FHC)	360 East 193rd Street, Bronx, NY 10458	718-933-2400
West Farms Family Practice (WFFP)	1055 East Tremont Avenue, Bronx, NY 10455	718-842-8040
Comprehensive Health Care Center (CHCC)	305 East 161st Street, Bronx, NY 10451	718-579-2500
Substance Abuse Treatment Program III (SATP)	2005 Jerome Avenue, Bronx, NY 10453	718-583-0600
ID Clinic - Center for Positive Living (CPL)	3444 Kossuth Avenue 3rd Floor, Bronx, NY 10467	718-920-8542
Hepatology Clinic (HC)	111 East 210th Street, Bronx, NY 10461	718-920-4644

# THANK YOU!

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