

# IDUHA Hep C Peer Navigation Program (July 2014 - June 2015)

#### **BRIEF REPORT**

## **Program Description**

In 2014, New York City Council allocated funding to 16 Injection Drug User Health Alliance (IDUHA) syringe exchange and harm reduction programs, which served to establish the IDUHA Hep C Peer Navigation Program.

The funding supported one to two Peer Navigators at each of the fourteen direct services IDUHA sites, who provided Hep C prevention services, defined health counseling messages, as well as accompaniment to Hep C antibody and RNA testing and Hep C medical care.

In addition, Harm Reduction Coalition conducted a skills and knowledge assessment and provided training and technical assistance to support the program and Peers.

Praxis housing collaborated with the Peer programs on Hep C education, screening and linkage to care events for their formerly homeless residents. Three educational materials were distributed to all residents: Hep C: The Facts, Hep C Risk Assessment Checklist, and Liver Health Bulletin.

#### Sites Providing Direct Peer Navigation Services:

- 1. After Hours Project
- 2. AIDS Center for Queens County
- 3. Boom! Health
- 4. Community Health Action of Staten Island
- 5. Family Services Network of New York, Inc.
- 6. Harlem United FROSTD
- 7. Housing Works Crosby St
- 8. Lower East Side Harm Reduction Center
- 9. New York Harm Reduction Educators
- 10. Positive Health Project
- 11. Safe Horizon Streetwork LES Project
- 12. St. Ann's Corner of Harm Reduction
- 13. VOCAL-NY
- 14. Washington Heights CORNER Project

# Training and Technical Assistance:

15. Harm Reduction Coalition

## Education, Screening & Linkage to Care Events:

16. Praxis Housing Initiatives Inc.

### **Program Management**

The program was administered by a Program Manager, Program Coordinator and Data Specialist from the NYC Health Department (DOHMH), who provided in-kind services. DOHMH created paper forms and a Microsoft Access database to guide and report on program activity. Programs submitted monthly data reports including program status, enrollment progress and de-identified participant characteristics and activities.

DOHMH conducted quality assurance activities in the form of regular data report analysis, phone and email communications with each contracted program, and site visits with programs facing program implementation challenges.

Monthly program management meetings and trainings for Peers and Peer Supervisors were facilitated by DOHMH and Harm Reduction Coalition, which included a program data review, program implementation discussion and peer navigation training.

## **Program Objectives**

- Enroll 1,400 people at risk of Hep C infection or living with Hep C
- Each direct-service peer navigation program should enroll 100 participants
- •Provide Hep C health promotion or counseling to 100% of people enrolled
- •Link 80% of participants enrolled into harm reduction services
- •Complete antibody testing for 50% of participants with unknown Hep C status
- •Complete RNA testing for 75% of participants with antibody positive
- •Ensure the attendance of 75% of participants RNA positive to a Hep C medical visit



Participant Characteristics	N	Column%
Year of Birth		
1945-1965	650	38.62
1966-1985	820	48.72
≥1986	204	12.12
Gender		
Female	535	31.79
Male	1,088	64.65
Transgender	58	3.45
Race/Ethnicity		
Asian	2	0.12
Black Non-Hispanic	480	28.52
White Non-Hispanic	422	25.07
Hispanic	722	42.90
Hispanic Black	32	1.90
Native American	1	0.06
Self-Reported Hep C Status at intake		
Positive (+)	555	32.98
Negative (-)	372	22.10
Unknown (?)	756	44.92

Services Delivered	N	Column%
Enrolled	1,683	n/a
Health Counseling	1,683	100
Linkage to Harm Reduction		
Complete	1454	86.4
Refused	46	2.7
Testing (during program)		
Antibody Test Complete <sup>1</sup>	595	
Antibody Test Refused	186	
Antibody Test Result amongst those who completed Antibody test		
Positive (+)	213	
Negative (-)	344	
RNA Test Complete <sup>2</sup>	107	
RNA Test Refused	80	
RNA Test Result amongst those who completed RNA test		
Positive (+)	77	
Negative (-)	7	
Referrals to Special Programs Total	266	
Referral to Check Hep C	32	
Referral to Project INSPIRE	32	
Referral to NYS DOH HepCap	21	
Referral to Robinhood Hep Connect	2	
Referral to Other	179	
Hep C Medical Visit Complete Total	84	
Hep C Medical Visit Complete (amongst those tested RNA+ during program)	52	

Number of individuals who did not know their status and completed Antibody testing (n= 391)

#### **Program Outcomes**

The IDUHA Hep C Peer Navigation Program was successful in reaching and providing important Hep C prevention services to people at risk for infection or living with Hep C, primarily those with a history of drug use and hormone injection

1,683	•people enrolled
100%	•received Hep C health promotion
86%	•linked to harm reduction services
51%	<ul> <li>of participants who did not know their status and completed antibody testing</li> </ul>
45%	<ul> <li>Antibody positive participants who completed RNA testing</li> </ul>
67%	<ul> <li>participants who tested RNA positive attended their Hep C medical visit</li> </ul>

#### Recommendations

In order to improve service delivery outcomes, peers and program managers have identified the following recommendations:

- Identify a funding source that will allow for a continuous program rather than a time limited grant funded cycle.
- Provide participant incentives to increase follow-up for navigation to Hep C RNA testing and medical care.
- Improve collaboration between Peer Program and existing Hep C screening, patient navigation and care coordination programs.
- Improve documentation and data management tools for ease-of-use for this group of peer service providers to minimize underreporting of service outcomes.

For more information visit: www.HepFree.NYC/IDUHA

Number of individuals who tested antibody positive in program and completed RNA testing (n=96)